

ASF Coaching Committee Report 2010



Preamble

The ASF coaching committee continues with its main roles of promotion, development and coach education of squash in the region.

The ASF Coaching Committee is tasked to carry out the following:

- a. Conduct ASF accredited coaching courses (Levels 1,2 & 3)
- b. Conduct coaching clinics and seminars
- c. Assist developing countries in formulating junior development programmes
- d. Updating coach education matters.
- e. Management of the ASF Performance and Coaching Awards

We are pleased to report that many member countries have used the resources/expertise available with the ASF Coaching Committee to help in the promotion and development of squash in their respective countries.

Coaching Courses

There are now 29 ASF qualified instructors from within member nations conducting numerous Level 1 courses across Asia. I am pleased to report that the following countries conduct their own Level 1 courses: Malaysia, Hong Kong, Japan, Korea, Pakistan, Singapore, and Sri Lanka. ASF qualified instructors conduct these. The initial goal of the ASF coaching committee was to ensure, as many member nations as possible conduct Level 1 courses on their own. The ASF Coaching Committee will continue to increase this number. However the ASF still centrally conducts Level 2 and Level 3 courses. The Coaching Committee nominated Peter Chee to conducted a level 1 course in Jordan.



ASF Level 2 Coaching Course 17-23 May, KL

Eleven coaches attended the course. Three foreign participants included two Iranians and one Pakistani (currently based in KL). The only lady in the course was the one from Iran. All participants were pro-active and their knowledge of the game was above average and sports science, average. All participants attended more than 90 % of the course and were reasonably punctual. Allan Soyza and Raymond Arnold assisted me throughout the course.



ASF Level 2 Coaching Course 20-26 Dec, Teheran

This was the 1st time an ASF level 2 course was conducted in West Asia. 19 Level 1 coaches from Iran attended the course, which was conducted at the Engelab Sports Complex in Teheran. Sports science experts from the Iran Sports Department assisted with the relevant sports science subjects. Kasra Ghafoori assisted with the translation and assessment throughout the course.



ASF Level 3 Coaching Course

An ASF level 3 coaching course was conducted in Kuala Lumpur, Malaysia from 6-12 Dec 2010. This was the the 4th ASF Level 3 course. The first was conducted in Hong Kong in 1996, the second in Singapore in 2000 and the third in India in 2005. 22 Coaches from Singapore, Qatar, Pakistan, India and Malaysia attended the course, which was conducted at the Bukit Jalil Squash Complex. Sports science experts from the National Sports Institute of Malaysia assisted with the relevant sports science subjects. Allan Soyza and Raymond Arnold assisted throughout the course.



Coaching Curriculum

The Curriculums for the ASF Levels 1, 2 and 3 has been updated. Members wishing to obtain a copy can contact the ASF secretariat.

ASF Coaches Awards - 2009

Winners of these annual awards are as follows:

Coach of the Year	-	Cyrus Poncha (India)
Junior Coach of the year	-	Dick Leung (Hong Kong, China)
Development Coach of the year	-	Rahmat Khan (Kuwait)
Certificate of Recognition	-	Chris Teoh (Malaysia)
		Kang Ho Suck (Korea)
		Gautam Das (India)

These awards for excellence in performance and coaching were distributed during the Asian Championships in Chennai early this year.

The Coaching Committee

Director	Maj (R) S.Maniam	(India)
Deputy Directors	Tony Choi	(Hong Kong, China)
	Fahim Gul	(Pakistan)
Members	Cyrus Poncha	(India)
	Miyuki Adachi	(Japan)
	Koo Ryun Hoe	(Korea)
	Kasra Ghafoori	(Iran)
	Allan Soyza	(Malaysia)
Development Officer	Peter Chee	(Malaysia)

ASF Consultant Coaches

a.	Maj(R) S. Maniam	(Malaysia)
b.	Fahim Gul	(Pakistan)
c.	Tony Choi	(Hong Kong, China)
d.	Dick Leung	(Hong Kong, China)
e.	Raymond Arnold	(Malaysia)
f.	Allan Soyza	(Malaysia)
g.	Peter Chee	(Malaysia)
h.	Cyrus Poncha	(India)
i.	Miyuki Adachi	(Japan)
j.	Koo Ryun Hoe	(Korea)
k.	Yasmin Zarook	(Sri Lanka)

ASF Accredited Coaching Course Instructors

a.	Maj(R) S. Maniam	(India)	(Level 1, 2 &3, Instructors Course)
b.	Fahim Gul	(Pakistan)	(Level 1, 2 &3)
c.	Tony Choi	(Hong Kong, China)	(Level 1,2 &3)
d.	Cyrus Poncha	(India)	(Level 1 & 2)
e.	Allan Soyza	(Malaysia)	(Level 1 & 2)
f.	Chris Clark	(Hong Kong, China)	(Level 1 & 2)
g.	Raymond Arnold	(Malaysia)	(Level 1)
h.	Peter Chee	(Malaysia)	(Level 1)
i.	Tan Tian Huat	(Malaysia)	(Level 1)
j.	Cheong Pak Kau	(Malaysia)	(Level 1)
k.	Kenneth Goh	(Malaysia)	(Level 1)
l.	Victor Koh	(Singapore)	(Level 1)
m.	Dick Leung	(Hong Kong, China)	(Level 1)
n.	Karl Mak	(Hong Kong, China)	(Level 1)
o.	Harold Low	(Hong Kong, China)	(Level 1)
p.	Anthony So	(Hong Kong, China)	(Level 1)
q.	Miyuki Adachi	(Japan)	(Level 1)
r.	Dalip Tripathi	(India)	(Level 1)
s.	Hariom Tripathi	(India)	(Level 1)
t.	V.Laxman	(India)	(Level 1)
u.	Samer Al Khateb	(Saudi Arabia)	(Level 1)
v.	Koo Ryun Hoe	(Korea)	(Level 1)
w.	Ranjan Samarasinghe	(Sri Lanka)	(Level 1)
x.	Yasmin Zarook	(Sri Lanka)	(Level 1)
y.	Brig. Tissa Jayasuria	(Sri Lanka)	(Level 1)
z.	Yawar Islam	(Pakistan)	(Level 1)
aa.	Wazir Jahan	(Iran)	(Level 1)
bb.	Kasra Ghafoori	(Iran)	(Level 1)

Member nations wishing to organize coaching courses/clinics/seminars should contact the ASF secretariat.

Acknowledgements

- a. The ASF coaching committee wishes to acknowledge the support given by the ASF secretariat in all its activities.